

## Payment Options:

Credit /Debit Card, Venmo, PayPal (through momoyoga website) or Cash,  
Check payment methods. Book class through momoyoga.com website



## June 2022 Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> *6:30-7:30 am Park Yoga  *7:00--8:00 pm Wind-down Wednesday (Restorative Yoga)	<b>2</b>	<b>3</b> *6:30-7:30 am Park Yoga	<b>4</b> *8:00-9:00 am Self-care Saturday Hatha Yoga Flow
<b>5</b>	<b>6</b> *5:45-6:45 am Monday Morning Hatha Yoga Flow  *5:30-6:30 pm Mindful Movement (Gentle Yoga)	<b>7</b> 5:30-6:30 pm Barre Above w/ Angela	<b>8</b> *6:30-7:30 Park Yoga *8:30-9:30 am Seated Accessible Yoga *7:00--8:00 pm Wind-down Wednesday (Restorative Yoga)	<b>9</b>	<b>10</b> *6:30-7:30 am Park Yoga	<b>11</b> *8:00-9:00 am Self-care Saturday Hatha Yoga Flow
<b>12</b>	<b>13</b> *5:45-6:45 am Monday Morning Hatha Yoga Flow  *5:30-6:30 pm Mindful Movement (Gentle Yoga)	<b>14</b> 5:30-6:30 pm Barre Above w/ Angela	<b>15</b> *6:30-7:30 Park Yoga *8:30-9:30 am Seated Accessible Yoga *7:00--8:00 pm Wind-down Wednesday (Restorative Yoga)	<b>16</b>	<b>17</b> *6:30-7:30 am Park Yoga	<b>18</b> *8:00-9:00 am Self-care Saturday Hatha Yoga Flow
<b>19</b>	<b>20</b> Monday Morning Hatha Yoga Flow  *5:30-6:30 pm Mindful Movement (Gentle Yoga)	<b>21</b> 5:30-6:30 pm Barre Above w/ Angela	<b>22</b> *6:30-7:30 Park Yoga *8:30-9:30 am Seated Accessible Yoga *7:00--8:00 pm Wind-down Wednesday (Restorative Yoga)	<b>23</b>	<b>24</b> *6:30-7:30 am Park Yoga	<b>25</b> *8:00-9:00 am Self-care Saturday Hatha Yoga Flow
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	July 1	July 2
<b>No Yoga classes June 27 through July 5th</b>						