



FOR IMMEDIATE RELEASE

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PRESS RELEASE

Registration Now Open for Spring 2024 Drive-Thru Health Fair
Hosted by HSHS St. Joseph's Hospital Highland
All registration will be done through MyHSHS online medical record portal

HIGHLAND, Ill. — HSHS St. Joseph's Hospital Highland will host a drive-thru health fair Wednesday, April 24 from 6 to 10:30 a.m. at the Highland-Pierron Fire Department, 12611 Iberg Road, Highland, Illinois.

Please wear short-sleeved shirts and coats that are easily removed to make the process easier.

All participants must register through the MyHSHS online medical record portal.

Registration is now open. Those wanting to attend must pre-register for an appointment online through MyHSHS, powered by MyChart, a free online personal health record that you can access securely from your home computer, laptop or mobile device.

It is free and easy to create a MyHSHS account:

- Go to www.myhshs.org.
- Login or create a MyHSHS account by clicking "Sign Up Now." Be sure to use your full proper name that matches your HSHS medical record.

Those needing additional assistance setting up a MyHSHS account, registering or have any further questions for the health fair may call 618-651-2739.

When you log in to your MyHSHS account, follow these steps to access the registration for HSHS St. Joseph's Hospital Highland's Health Fair:

- Click Menu (top bar, far left)
- Under Find Care section at the top of the dropdown menu, click on Health Fair.
- Click on the Southern Illinois Health Fair.
- Answer symptom checker.
- Choose test(s).
- Schedule appointment.
- Make sure you select HSHS St. Joseph's Hospital Highland as location and follow steps to select desired appointment time.

If you have questions about MyHSHS, call the MyChart support line at 1-866-312-5023.

Registration will close at the end of day Sunday, April 21 or when all appointments are filled. There are limited spots available and on-site registration will not be accepted. For assistance, please call 618-651-2739.

The health fair is a self-pay service. No payments will be taken at the time of pre-registration; payment will be expected the day of the health fair **by cash or check only**. Participants are strongly encouraged to arrive at their appointment with exact cash or a check written out totaling the amount of the screening tests they are having at the event. Checks should be made payable to HSHS.

St. Joseph's Hospital will not bill your insurance plan for any services rendered. You may submit your health fair receipt to your insurance plan, but St. Joseph's Hospital will not be able to provide an insurance claim.

To ensure health fair attendees receive test results in a timely manner, St. Joseph's Hospital will post results to attendees' MyHSHS accounts or mail all test results to participants in approximately four weeks following the health fair.

No test results will be mailed or faxed to a participant's health care provider. The responsibility for initiating follow-up examinations for abnormalities identified at the health fair lies with the person responsible for their own health and not with any participating organization.

Participants can elect to receive the following screenings at the listed prices:

- **Comprehensive Blood Screenings (\$45)**
 - This screening includes complete blood chemistry; cholesterol and lipids, cardiac risk profile, anemia test, complete blood count, kidney and liver function and thyroid screening. 10-hour fast required.
- **Prostate-Specific Antigen (PSA) Screenings (\$15)**
 - This screening is for men only. A doctor uses these results along with an exam to screen for prostate cancer. The American Cancer Society recommends that men should receive the PSA annually, beginning at age 50 or begin at age 45 if considered "high risk." This includes African Americans and men who have a close relative who had prostate cancer before age 65, or close relative with prostate cancer at an early age; then testing can begin at age 40.
- **Hemoglobin A1C (\$10)**
 - This test measures the average blood glucose of diabetics during a two- to three-month period. This test is recommended for those with or at-risk for diabetes.
- **Vitamin D Screening (\$15)**
 - This screening helps detect vitamin D deficiency, needed for calcium absorption and strong bones.

Screenings with a 10-hour fast as previously identified require drinking water only; no gum, hard candy, sugar or sweeteners. Be sure to drink plenty of water before coming to the health fair to have your labs drawn.

HSHS St. Joseph's Hospital is also hosting a health fair in Troy at the HSHS Medical Group Family Medicine office at 7342 IL-162 on April 10. Those wanting to attend must register for an appointment online at stjosephshighland.org/troyhealthfair before Sunday, April 7.

For other registration information or questions, please call 618-651-2739.

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About Hospital Sisters Health System

Hospital Sisters Health System's (HSHS) mission is to reveal and embody Christ's healing love for all people through our high-quality Franciscan health care ministry. HSHS provides state-of-the-art health care to our patients and is dedicated to serving all people, especially the most vulnerable, at each of our physician practices and 15 local hospitals in two states – Illinois (Breese, Decatur, Effingham, Greenville, Highland, Litchfield, O'Fallon, Shelbyville and Springfield) and Wisconsin (Chippewa Falls, Eau Claire, Oconto Falls, Sheboygan and two in Green Bay). HSHS is sponsored by Hospital Sisters Ministries, and [Hospital Sisters of St. Francis](#) is the founding institute. For more information about HSHS, visit [hshs.org](#). For more information about Hospital Sisters of St. Francis, visit [hospitalsisters.org](#).