

HSHS St. Joseph's Hospital Breese, Ill.

HSHS St. Mary's Hospital Decatur, III.

HSHS St. Anthony's Memorial Hospital Effingham, III.

HSHS Holy Family Hospital Greenville, Ill.

HSHS St. Joseph's Hospital Highland, Ill.

HSHS St. Francis Hospital Litchfield, III.

HSHS St. Elizabeth's Hospital O'Fallon, Ill.

HSHS Good Shepherd Hospital Shelbyville, III.

HSHS St. John's Hospital Springfield, Ill.

HSHS St. Joseph's Hospital Chippewa Falls, Wis.

HSHS Sacred Heart Hospital Eau Claire, Wis.

HSHS St. Mary's Hospital Medical Center HSHS St. Vincent Hospital Green Bay, Wis.

HSHS St. Clare Memorial Hospital Oconto Falls, Wis.

HSHS St. Nicholas Hospital Sheboygan, Wis.

HSHS Medical Group

Prairie Cardiovascular

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Sponsored by Hospital Sisters Ministries

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HSHS Celebrates National Hospice and Palliative Care Month

SPRINGFIELD, IL – Throughout the month of November, HSHS Home Care will be joining organizations across the nation in recognizing National Hospice and Palliative Care Month (NHPCM). This year's NHPCM theme is "meeting you where you are."

For more than 40 years, hospice has helped provide interdisciplinary, supportive care to millions of people, allowing them to spend their final months wherever they call home and surrounded by their loved ones. Hospice teams craft plans of care that ensure pain management, therapies, and treatments all center on the patients' and their loved ones' goals and wishes. Hospice care also provides emotional support and advice to help family members become confident caregivers and adjust to the future with grief support for up to a year.

"At the heart of hospice is meeting patients and their loved ones where they are during difficult times when support is needed most," said Ben Marcantonio, COO and Interim CEO of the National Hospice and Palliative Care Organization (NHPCO). "National Hospice and Palliative Care month recognizes the crucial role hospice and palliative care providers play in caring for their communities yearround."

Each year, over one million Medicare beneficiaries receive care from hospices across the United States. When a patient is not eligible for hospice care, they may benefit from community-based palliative care, often offered by hospice providers. Palliative care is patient and family-centered care that optimizes quality of life by anticipating, preventing, and treating suffering. Palliative care throughout the continuum of illness also involves addressing physical, intellectual, emotional, social, and spiritual needs and facilitates patient autonomy through access to information and choice. "Receiving a life-limiting diagnosis can be devastating and confusing. We want families to know that when they need us, HSHS Home Care will meet them where they are," says Shawna O'Dell, RN, MSN, FACHE, HSHS Home Care vice president of post acute care. "This means providing care wherever a patient might call home as well as providing education and support to empower caregivers."

Throughout the month of November, HSHS Home Care will provide information about hospice care through social media and health fairs in the communities it serves in Illinois and Wisconsin.

HSHS Home Care provides hospice care to communities in 29 counties in eastern and western Wisconsin and 34 counties in central and southern Illinois. In the Green Bay area, HSHS Home Care partners with Unity Hospice to provide services. More information about hospice, palliative care, and advance care planning is available from the HSHS Home Care website at hshshospice.org or on NHPCO's CaringInfo.org.

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About Hospital Sisters Health System

Hospital Sisters Health System's (HSHS) mission is to reveal and embody Christ's healing love for all people through our high-quality Franciscan health care ministry. HSHS provides state-of-the-art health care to our patients and is dedicated to serving all people, especially the most vulnerable, at each of our physician practices and 15 local hospitals in two states – Illinois (Breese, Decatur, Effingham, Greenville, Highland, Litchfield, O'Fallon, Shelbyville and Springfield) and Wisconsin (Chippewa Falls, Eau Claire, Oconto Falls, Sheboygan and two in Green Bay). HSHS is sponsored by Hospital Sisters Ministries, and <u>Hospital Sisters of St. Francis</u> is the founding institute. For more information about HSHS, visit <u>www.hshs.org</u>. For more information about Hospital Sisters of St. Francis, visit <u>www.hospitalsisters.org</u>.