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**Highland Hospital is Offering Colorectal Cancer Screening Kits
for \$10 During the Month of March**

(Highland, IL) – In recognition of Colorectal Cancer Awareness month, HSHS St. Joseph's Hospital Highland is offering Fecal Immunochemical Test (FIT) Kits for \$10. During the month of March, Monday through Friday from 6 a.m. to 4:30 p.m. and Saturday 7 a.m. to 2:30 p.m., community members can purchase a FIT Kit at the front desk in the main lobby of the hospital.

A FIT Kit is a new way to screen for potential signs of colorectal cancer in the privacy of your home. These kits are encouraged for use by anyone age 45-75 who have no prior history of colon cancer or polyps, or have never been screened for colon cancer.

"Colorectal cancer is the second leading cause of cancer death among men & women combined," said Deb Elledge, RN Nurse Navigator at HSHS St. Joseph's Hospital Highland. "If detected early, colorectal cancer is treatable and beatable. About 1 in 3 adults aged 50 and older are still not getting screened as recommended. It is our hope that through education and awareness we can make an impact on those who have delayed or chosen not to be screened. Having this option can help save lives"

"Also, our hospital has embraced a new initiative promoted by the American Cancer Society called "80% in Every Community" that promotes education on ways to increase colorectal screening rates and continued efforts in reducing colorectal cancer diagnosis as a major public health problem in our community," explained Elledge.

For more information, contact Deb, RN Nurse Navigator at (618) 651-2885.

To learn more about HSHS St. Joseph's Hospital Highland, visit stjosephshighland.org.

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About Hospital Sisters Health System

Hospital Sisters Health System's (HSHS) mission is to reveal and embody Christ's healing love for all people through our high quality, Franciscan health care ministry. HSHS provides state-of-the-art health care to our patients and is dedicated to serving all people, especially the most vulnerable, at each of our 15 Local Systems and physician practices in Illinois (Breese, Decatur, Effingham, Greenville, Highland,

Litchfield, O'Fallon, Shelbyville, and Springfield) and Wisconsin (Chippewa Falls, Eau Claire, Oconto Falls, Sheboygan, and two in Green Bay). HSHS is sponsored by Hospital Sisters Ministries, and Hospital Sisters of St. Francis is the founding institute. For more information about HSHS, visit www.hshs.org. For more information about Hospital Sisters of St. Francis, visit www.hospitalsisters.org.